



February 2024



COMPASSION

Sympathy and concern for the misfortunes of others with a desire to help

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Today, we will...

- ❖ discuss the meaning of *compassion*.
- ❖ brainstorm ways to show *compassion* verbally and nonverbally.
- ❖ conclude reasons why being *compassionate* is an important character trait.



Picture this!



- Who is in this picture?
- What is she doing?
Thinking? Feeling?
- How does this picture
make you feel?



Compassion Chat!

TURN & TALK



- Share about a time someone helped you when you were in need.
- How did that make you feel?

THINKPAIRSHARE

What are some ways you could show **compassion** for people in need?



COMPASSION MATTERS

Scenario 1:

You and your classmates were invited to your friend's birthday party, but only you

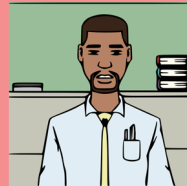


showed up.

What will you do about it?

Scenario 2:

Your teacher's grandmother died and today is his first day back after the funeral.



What will you do about it?

Scenario 3:

Your dad misplaced his glasses and is having a hard time reading the news.



What will you do about it?

How can I respond with

Is the response verbal or non-verbal? Drag and drop the response in the appropriate box.

COMPASSION?

VERBALLY

NON-VERBALLY

Use a Soothing
Tone of Voice

Use an Appropriate
Level of Eye
Contact

Reply with
Understanding

Mirror Facial
Expressions to
Show Empathy

Take ACTION by showing COMPASSION

How could you show compassion to...



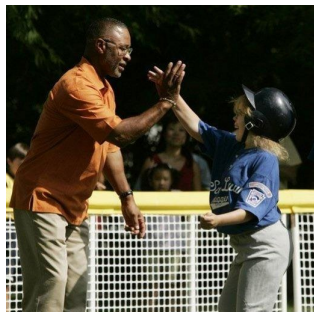
... a neighbor?



... a family member?



... a classmate?



... a coach?



... a teacher?

Wrap it up!



Why is showing
compassion an
important
character trait?
